

Document informed by Government guidance:

- [Guidance for early years settings](#)
- [People-with-covid-19-and-their-contacts](#)
- [Contingency Framework](#)
- Local recommendations in italics*

<p><b>Index case</b> Person who develops symptoms or has positive LFT/PCR test result</p>	<ul style="list-style-type: none"> <li>• If have symptoms: <b>Stay at home, avoid contact with others and arrange COVID-19 PCR test.</b></li> <li>• PCR tests can be arranged through the <a href="#">online portal</a> or via 119.</li> <li>• <b>If have a positive LFD test (no symptoms): no need to confirm LFT with PCR. Stay at home and avoid contact with others</b></li> <li>• If PCR result is <b>negative</b>: end self-isolation when well and have not had a temperature for 48 hours</li> <li>• If PCR result is <b>positive (in individuals with symptoms) or they have a positive LFT (without symptoms)</b>:</li> <li>• <b>Self-isolate for 5 days (minimum) after the day of symptom onset/test (if no symptoms) – which is day 0</b></li> <li>• If you get two negative LFTs on days 5 and 6, it's safe for you to resume your usual activities.</li> <li>• However, if you deisolate before 10 days, you should avoid contact with vulnerable individuals</li> </ul>
<p><b>Close contacts</b> Including household contacts</p>	<p>If PCR result of index case is <b>positive or they have a positive LFT</b>: <i>it is recommended that you notify close contacts of cases (see definitions in bottom right box).</i></p> <p><u>Adults and children in mainstream settings</u></p> <ul style="list-style-type: none"> <li>• <b>Take LFT tests regularly where possible.</b></li> <li>• Be vigilant for symptoms and avoid contact with vulnerable individuals.</li> </ul> <p><i>NB Adults who are contacts of household positive cases should work from home if possible</i></p>
<p><b>Early Years and Childcare Settings</b></p>	<p>If the individual is in the setting when they become symptomatic: Isolate individual and arrange for them to go home (or call 999 if seriously unwell). If possible, should isolate behind a closed door or 2m away from others, with an open window. Clean isolation room (and bathroom if used).</p> <p><u>Advice and support</u> Please contact <a href="mailto:earlyyearsadvisors@warwickshire.gov.uk">earlyyearsadvisors@warwickshire.gov.uk</a> or <a href="mailto:dphadmin@warwickshire.gov.uk">dphadmin@warwickshire.gov.uk</a> for advice on outbreak management,</p> <ul style="list-style-type: none"> <li>• LA (with UKHSA as appropriate) will complete a risk assessment, provide advice, and determine whether an Incident Management Team meeting required.</li> </ul> <p><u>Identification of close contacts</u></p> <ul style="list-style-type: none"> <li>• Settings should identify close contacts so that they can take any precautions necessary.</li> <li>• Settings should send inform close contacts (see letter template)</li> </ul> <div style="border: 1px solid black; padding: 5px;"> <p><b>COVID-19 symptoms:</b> New, continuous cough <b>OR</b> high temperature <b>OR</b> loss/ change in sense of taste or smell. Anyone with these symptoms should start self-isolating and arrange a COVID-19 test. Other possible COVID-19 symptoms include: tiredness, shortness of breath, headache, sore throat, muscle ache, blocked/runny nose, diarrhoea and vomiting, cold like symptoms.</p> <p><b>LFT:</b> Lateral flow tests are for asymptomatic screening only. LFTs should not be used for individuals with symptoms. From 11<sup>th</sup> January positive LFT tests do not need to be confirmed by PCR unless an individual needs to claim self-isolation payment.</p> <p><b>Close contacts:</b> anyone who has had the following contact with the index individual:</p> <ul style="list-style-type: none"> <li>• Face-to-face for any length of time</li> <li>• Within 1 metre for 1 minute or more.</li> <li>• Within 1-2 metres for 15 mins or more (either as a one-off contact for over 15 minutes, or shorter contacts added together over one day)</li> <li>• Travel in a vehicle</li> <li>• Note – all children in the same classes/group may be close contacts, plus any others identified – e.g. break times, lunch times, before and after coming into the setting (including on transport)</li> </ul> <p><b>Period when to contact trace:</b> Contact trace for the two clear days prior to the day of symptom onset/test (if no symptoms) and isolate for the 5 full days after this day. Example: if symptom onset (and day they were last in setting) was on Wednesday, then trace for Wed, Tues, and Mon</p> </div>
<p><b>Cleaning:</b> Please refer to detailed guidance for <a href="#">cleaning of non-healthcare settings</a> and for both routine cleaning, and cleaning following an infectious person having been in your follow the key points below:</p> <ul style="list-style-type: none"> <li>• Use disposable cloths or paper roll and disposable mop heads.</li> <li>• Use, as in cleaning routine, a combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine (ppm av. Cl.) OR household detergent followed by disinfection (1000ppm av. Cl.) OR if an alternative combined detergent/disinfectant is used ensure it is effective against enveloped viruses and meets EN 14476 standards (including any wipes used)</li> <li>• Any waste from suspected cases and cleaning of areas should be double bagged and stored for 72 hours before disposal as normal.</li> </ul>	