

## **FREE online Solihull Approach Parenting Courses**

We are pleased to launch the FREE online Solihull Approach Parenting Courses for ALL Solihull Residents to gain knowledge, confidence and skills to support their parenting.

Details of how to access the FREE Solihull Approach Parenting Course are as follows:

- a) Go to [www.inourplace.co.uk](http://www.inourplace.co.uk)
- b) Create an account using an email address and password
- c) Scroll down to choose a course
- d) Click on 'Already got a discount coupon?'  
Select the relevant course & insert the access code - APPLEJACKS:
  - Understanding Your Child
  - Understanding Your Teenager's Brain
  - Understanding Your Baby
  - Understanding Your Pregnancy
- e) Click 'Apply coupon'

A certificate can be downloaded once the course has been completed, although you don't have to do all the modules in one go - on returning to the website and signing in, your account will 'remember' where you have got up.

The courses works on laptops, PCs, smart phones and tablets. Please note: a modern browser is required (e.g. Google Chrome, Firefox, Explorer 10).

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We hope you enjoy the course and please do feel free to pass on the access code to any friends or relatives who may also find this helpful.

For any technical issues, please contact the Solihull Approach team  
on 0121 296 4448 or via email to  
[solihull.approach@heartofengland.nhs.uk](mailto:solihull.approach@heartofengland.nhs.uk)