

Daily routine: A typical child's day at Pathways

A typical but always flexible guide to the pattern of a child's day. A balance between free and structured play, large and small group activities, quiet and busy times. Maximum use is made of outdoors.

- If we come before 9.00am we choose activities and play together with our 'big school' friends
- After 9.00am we choose and play with the toys until all our friends arrive
- We 'chat on the mat', count and sing a song
- We paint, stick, draw, look at books, play number games, build models, explore music, sand and water. We learn to share and be kind, to listen, count, play games and do puzzles. The grown ups help us to choose and talk to us a lot. Sometimes we go to the library or for a walk. We play with the cars, trains and all the other toys. We have fun and learn at the same time. We dress up and make cakes. We are very busy. We play inside and outside in groups. Sometimes we go on the computer. We are playing and learning all of the time
- We tidy up our activities, wash our hands and get ready for our snack
- We choose a healthy snack and drink and sit for a few minutes
- We go outside together to play. We learn to climb and balance, throw and catch, hop, skip, jump and ride bikes. We look at books and play in the tents or with the sand
- We come in and sit down to listen to a story, learn some sounds and songs or sing some number rhymes
- Some friends go home after story, some stay for lunch
- After lunch we might watch Postman Pat or play outside again
- Some more of our friends arrive to chat on the mat. We play and learn indoors and outdoors all afternoon. We have another snack and story
- After 3.30pm most of us go home, but if we stay we eat our tea and play with the 'big' children again
- At the end of the day everyone has gone home – nobody sleeps here!
- We want to come again tomorrow

Your child will be encouraged to join in activities that may be related to a topic or theme. Please talk to your child at home about these topics.

These may include:

- All about me
- Stories, songs and rhymes
- Exploring, imagining and expressing
- Living and growing
- Exploring numbers, shapes and patterns
- Keeping healthy and active
- Festivals and celebrations

Television

A limited amount of appropriate children's TV may be watched for short periods to support learning during some sessions. After 3.30 p.m a suitable children's video may also be provided to create a homely, relaxed feeling and help children unwind after a busy day.

